

Lindenwood University MTB Challenge

October 1, 2022—Downhill & STXC, Ironton, MO

October 2, 2022—XC & Team Relay, Wildwood, MO

Registration Details: Pre-registration for DH only! There is no onsite registration for downhill as start times will be determined by registration data on Friday evening. Online registration closes 9/30 @ 4:00 p.m. CST. Onsite registration closes 20 minutes prior to each start time for all XC events.

Saturday Downhill: No onsite registration for downhill as start times are being arranged on Friday. Full-face helmet required. Contact Julie Carter by 9/30 at 4:00 p.m. CST if you need to pay by check and cannot register online, so start times can be assigned. The course is the Element 26 trail, a 1.0-mile blue flow trail with 430 feet of descent. Shuttle service from the bottom to the top will run from 8:30 a.m. to the end of the downhill event.

Saturday STXC: Registration opens at 8:00 a.m. and closes 20 minutes prior to your category's published start time. Challenging 0.6-mile loop with 90 feet of climbing per lap.

Parking for Downhill and STXC: Shepherd Mountain Bike Park is located at 1462 MO-21, Ironton, MO.
<https://shepherdmountainmo.com>

Sunday XC: Onsite number pickup opens at 7:00 a.m. near the parking area. The course is a 6.7-mile singletrack loop with 650 feet of climbing per lap. There are several climbs with some technical sections; skill and line choice will be paramount. The descents are fast, flowy and fun.

Sunday Team Relay: Registration opens at 7:00 a.m. and closes 20 minutes prior to your category's start. Rules for the relay will be dictated by rule 5D8, except there shall be no baton. The exchange shall take place as is practiced in rule 6G7(b)(v) and 6G7(b)(vi).

Parking for XC & Team Relay: If you have a large vehicle or trailer, please contact Julie Carter (info below) in advance for accommodation. Google Map: <https://tinyurl.com/y2h6hebm>

Information: Contact Julie Carter at (618) 789-6387 or jcarter@lindenwood.edu

Saturday 10/1

Start Time	Distance	Race Category	Prizes
8:30 a.m.	Practice	PRACTICE, 2 required runs before 12:45 p.m.	n/a
1:00 p.m. (exact times posted & emailed 9/30)	1.0 miles	Men's and Women's USAC Open	Merchandise/3 for both Men's & Women's Open
1:00 p.m.	1.0 miles	Collegiate Categories	Conference Points

Saturday 10/1

Start Time	Distance	Race Category	Prizes
9:00 a.m.	20 min	Collegiate Men C/D	Points
9:30 a.m.	20 min	Collegiate Women B/C	Points
10:00 a.m.	30 min	Collegiate Men B	Points
10:45 a.m.	35 min	Collegiate Women A	Points
11:30 a.m.	35 min	Collegiate Men A	Points

Sunday 10/2

Start Time	Distance	Race Category	Prizes
8:00 a.m.	21 miles	Collegiate Men A	Points
8:03 a.m.	14 miles	Collegiate Men B	Points
8:08 a.m.	14 miles	Collegiate Women A	Points
10:15 a.m.	21 miles	Men's Open USAC	Merchandise/3
10:18 a.m.	8 miles	Collegiate Men C/D	Points
10:24 p.m.	14 miles	Women's Open USAC	Merchandise/3
10:27 p.m.	8 miles	Collegiate Women B/C	Points

Sunday 10/2

Start Time	Distance	Race Category	Prizes
1:00 p.m.	4 laps	Collegiate (Mixed Gender)	Points

Downhill

STXC

XC

Team Relay

Held under USA Cycling event permit 2022-****

